



IMPACT REPORT

2018-2019

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INTRODUCTION

We work in a context which is both inspiring and challenging. The children, young people and families that we work with inspire us through the hope, energy and resilience that they bring. The challenges come from the environment in which we work, with its uncertainties, hostilities and financial pressures.

This year, we are particularly happy to have worked on some fantastic and innovative programmes, including our Youth4Youth Leadership Programme and Transitional Youth Project. We are also particularly proud of our Children's Programme, which does amazing preventative work to support future generations in Newham.

Next year, we are looking forward to developing a new GP/Primary Care Centre in our Froud Community Centre in Manor Park, and to growing our new team of Young Facilitators who have brought new perspectives and opportunities to Aston-Mansfield. What follows in this report provides a snapshot of our work and its impacts, which has only been achieved through the hard work and commitment of our staff and volunteers, and the energy and engagement of the children, young people and families we work with. We are grateful to all of them for everything that they do.

Claire Helman

Chief Executive Officer

IMPACT ON A PAGE

210
**YOUNG
PEOPLE**

CONTRIBUTED TO THEIR COMMUNITY
THROUGH OUR TARGETED PROGRAMMES

WE DELIVERED
SERVICES TO

1000 PEOPLE

140
CHILDREN

DEVELOPED
SOCIALLY,
PHYSICALLY &
CREATIVELY

WE REACHED

675

YOUNG PEOPLE

2 4 8 0

PEOPLE
USED OUR CENTRES

**105 VOLUNTARY
GROUPS**

RECEIVED SUPPORT & ADVICE

140

PEOPLE

PARTICIPATED IN
WORKSHOPS OR
TRAINING

LITTLE MANOR PLAY PROJECT

Our Little Manor Play Project provides high quality, affordable wraparound care for children aged 5-12, and comprises of breakfast, after school and holiday provision. One parent said: 'the children do things they may never get to do anywhere else... they love every minute.'

Our impact survey shows that:

**95% of parents
saw a positive
impact on their
children's
knowledge about
healthy eating**

**92% of children
had more
opportunities to
play outdoors**

**63%
of children
improved in
their cycling
ability**

**63% of parents
noticed their
children displayed
positive behaviour
at school**

SUPPORTING CHILDREN





EMPOWERING YOUNG PEOPLE

YOUTH4YOUTH

Our Youth4Youth Programme, funded by the National Lottery Community Fund, is a leadership programme for young people who live or study in Newham aged 16-21.

This year we recruited a diverse and motivated core group of young leaders who designed, planned and delivered a range of social action projects such as:

**OPEN MIC
NIGHTS
DISCUSSING
SEXISM**

**LGBTQI+
AWARENESS
EVENT**

**MULTI-LINGUAL
TEA MORNINGS
TALKING ABOUT
MENTAL HEALTH**

One participant said: 'I have never done any type of course before to help my confidence, but I saw the Youth4Youth programme and thought it would be good for me. I have really loved it because I can now talk about things I am interested in and make society better with my friends and other people I come across...I really like the other opportunities that have come from Youth4Youth and want to remain involved.'

YOUNG ACHIEVERS GROUP

Our long established Young Achievers Groups, for young people with Special Education Needs and Disabilities has engaged in a wide range of activities, enabling the development of independent living skills. We are now planning to incorporate regular dance classes and discuss topics such as sexual health.



**ARTS &
CRAFTS**



COOKING



LIFESKILLS



MUSIC

ENABLING CREATIVE DEVELOPMENT



THE FITTER FINANCES PROGRAMME

Funded by the City Bridge Trust, our programme supports voluntary groups through improving their financial skills, knowledge and practice. From cultural and faith groups to youth charities and sports clubs, it has enabled voluntary groups to be financially resilient.

One of the groups we have supported is the Newham Chinese Association. Their Programme Coordinator explained 'we didn't know how to effectively fundraise, only doing it on a small scale...now as a team we are more confident, we don't give up on funding applications even if they are lengthy. It is very assuring to know that the Fitter Finances team are going to support us.'



TRAINING VOLUNTARY GROUPS

VOLUNTEERING WITH US

We have a youth focussed strategy that seeks to engage young volunteers to join our organisation. Our volunteer programme is focussed on being inclusive, resulting in a diverse range of volunteers, from those with mental health issues, physical impairments, neuro diverse backgrounds as well as those from BAME communities.

28%

OF OUR CURRENT
VOLUNTEERS ARE AGED
BETWEEN 16-25

'I am more comfortable in a working environment, it's been a boost of confidence, being trusted by everyone.'

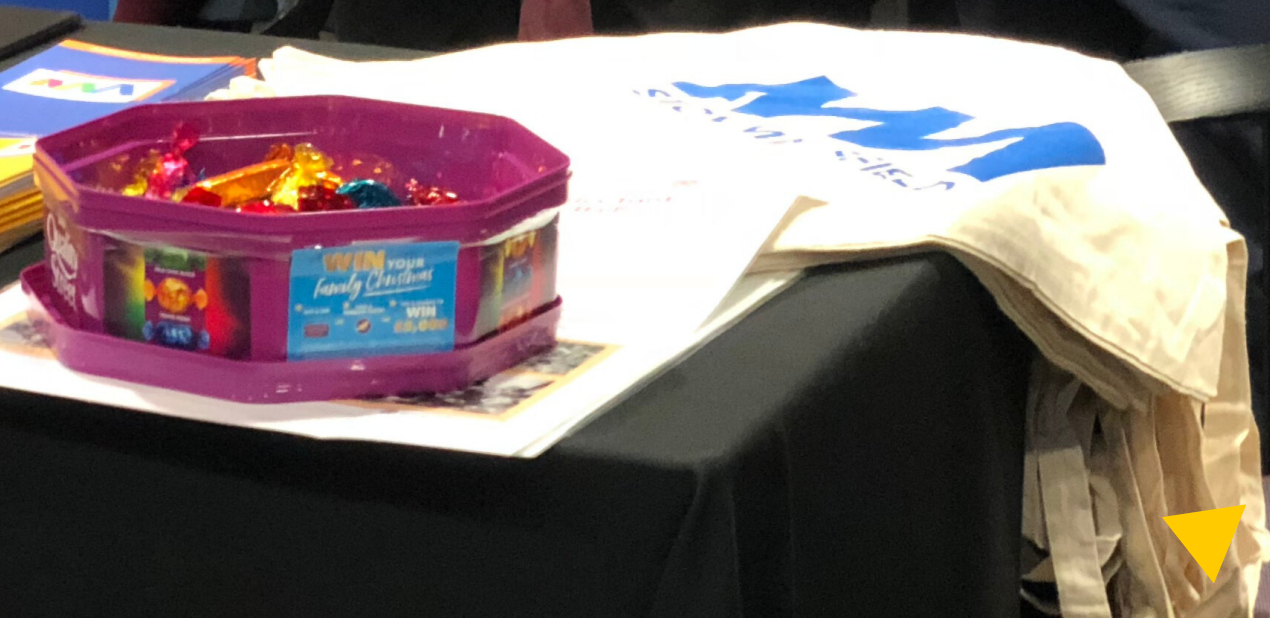
SUPPORTING COMMUNITIES

NURTURING YOUNG LIVES

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f Aston-Mansfield

GIVING BACK TO THE COMMUNITY



OUR COMMUNITY CENTRES

Our community centres, Durning Hall and the Froud Centre are excellent resources for providing families with easy access to events, programs, courses, and general information about the community.

2480 PEOPLE LEARNED, CONNECTED AND IMPROVED THEIR WELL-BEING THROUGH PARTICIPATING IN ACTIVITIES IN OUR COMMUNITY CENTRES

74 COMMUNITY GROUPS USED OUR SPACES

30 ORGANISATIONS RENTED OUR OFFICE SPACE

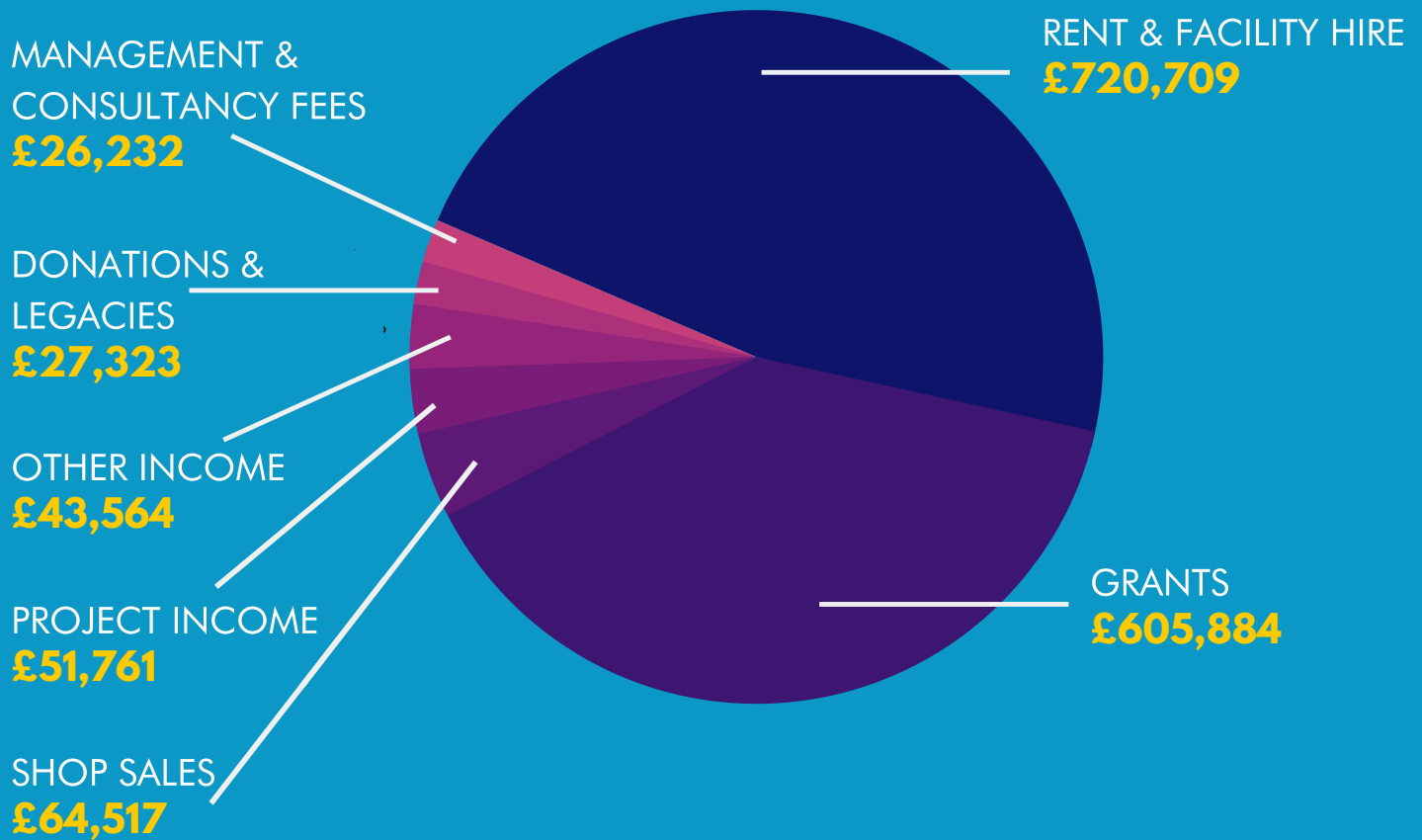
33 MONTHLY GROUP BOOKINGS



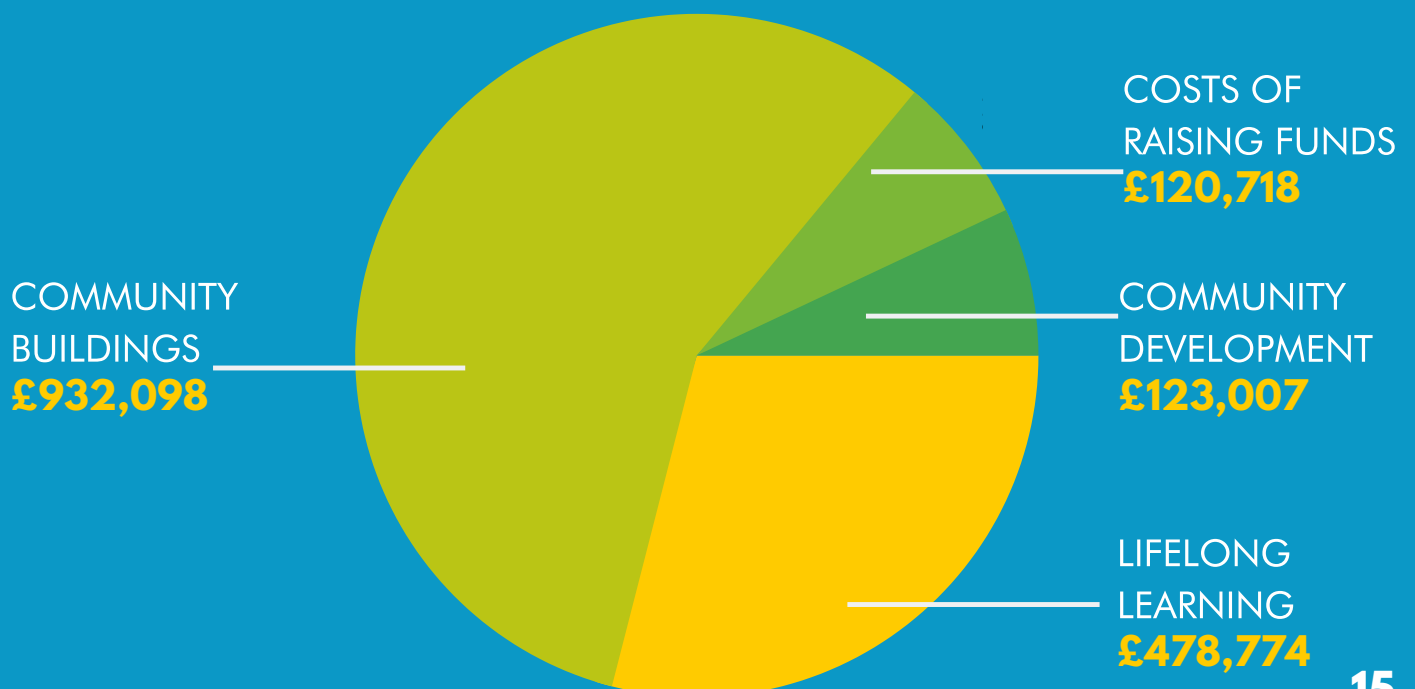
**STAYING ROOTED
TO OUR COMMUNITY**

INCOME & EXPENDITURE

INCOME: £1,539,990



EXPENDITURE: £1,654,597



FUNDERS & PARTNERS

Thanks to our funders and partners we were able to empower numerous children, young people and families in Newham.

in partnership with



**Durning Hall
Earlham Grove, Forest Gate
E7 9AB
0203 740 8100**



**The Froud Centre
1 Toronto Ave, Manor Park
E12 5JF
0203 355 3974**

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